

YOUR HOME AWAY FROM HOME

Mrs. Bush's Personal Care Homes | 610-381-3713 | www.mrsbushcares.com



This Month's Important Dates

May 4- Happy Birthday,
Edith M.

May 6- New Visitation
Guidelines Start

May 7- Happy Birthday,
Marian M.

May 9- Happy Mother's Day

May 11- National Nightshift
Worker's Salute

May 15- Armed Forces Day

May 18- Happy Birthday,
Jane S.

May 19- Happy Birthday,
Norma B.

May 22- Happy Birthday,
Marie B.

May 26- National Senior
Fitness Day

May 31- Memorial Day

Updated Visitation Guidelines Starting Thursday, May 6th

In response to the Wolf Administration's encouragement to Long-Term Care Facilities to implement and update visitation guidance as well as the updated COVID-19 Guidance from DHS, Mrs. Bush's Personal Care Homes has now updated the Visitation Policy and Procedure. This newest version is effective as of Thursday, May 6th, 2021.

As of May 6th, over 70% of residents are considered to be fully vaccinated. For this reason, we felt that it would be safe and appropriate for us to make some changes to our visitation. It is still necessary for us to approach visitation in a structured manner in order to follow necessary safety precautions. We hope residents and families will be pleased to finally be able to visit in the privacy of the residents' room and also to be able to enjoy off-site visits.

This policy and procedure can be changed at any time if we receive further guidance or if we receive a positive case. If you would like a copy of the full policy and procedure, please see Carrie in the activity dept.

What you need to know about the new visitation guidelines:

- Visiting hours are daily from 9:30am-11:30am and 2:00pm-4:00pm. Additional evening visits are available from 6:00pm-8:00pm on Tuesdays and Thursdays. *No appointments or scheduling are need for visitations.*
- Visits are to be conducted outside. If weather is not favorable, visits can be conducted in the residents' room as long as there is no roommate. If you have a roommate, indoor visits will be conducted in designated area determined by facility. Visits cannot be conducted in common areas of the building.
- All visitors will need to wear masks covering their nose and mouth at all times.

Cont. from page 1- What you need to know about the new visitation guidelines:

- Visitors must enter and exit through the West Annex Community Room door. They will be screened for signs and symptoms of illness prior to visitations.
- A maximum of 2 visitors per a resident are allowed for indoor visitations.
- All visitors must remain 6 ft from all staff and other residents.
- If you (resident) is fully vaccinated you may choose to have a close contact visit as long as masks and proper handwashing occurs.

What you need to know about the new off site visit guidelines:

- Off site visits are permitted but must be scheduled.
- Pick up person must enter and exit through the West Annex community room door. Pick up person will be screened.
- Outings that present as a high risk will require unvaccinated residents, or others as determined appropriate, to be placed on transmission-based precautions (quarantine) upon return and tested 2-3 days following the outing. Factors for a high risk outing include: substantial community spread in the area(s) visited ($\geq 10\%$ county positivity rate) **AND** a gathering of more than 10 people. **Monroe County is currently in SUBSTANTIAL.**

VOTING- PRIMARY ELECTION IS MAY 18TH

If you are a registered Monroe County voter and you wish to vote in the upcoming election, please see any activity staff member by the end of the day on **Thursday May 6th**. We will then request an absentee ballot.

If you are currently not registered in Monroe County and you wish to vote in this Primary Election, please see Carrie in the Activity Dept or contact your family.

If you are currently not registered in Monroe County or if you are not sure where you are registered and you wish to vote in FUTURE elections, please Carrie in the activity dept.

*A mother loves right from the start,
No matter if her children are near or far
apart.*

*A mother gives never-ending love.
She gives us comfort and peace like a
beautiful dove.*

*For us she will always do her best,
Even when we put her patience to the test.*

*She wipes our tears,
Chases away our fears,
Encourages us to follow a dream,
No matter how far fetched it may seem.
Her gifts can never compare to any other.*

*I am so honored to call her my mother.
Looking back on another year,
I was so lucky to have a mother so dear.
So Mom, on your special day, relax and
enjoy*

*And always know that I couldn't have
asked for any other
More incredible person to call my mother.*

National Nightshift Workers Salute- May 11th

The ones who answer call bells at 2 in the morning. The ones who run to the dinning room for your late night snack. The ones who help prepare for the next day. Everyone at Mrs. Bush's is thankful for these dedicated night owls who are there to answer the call when many of us are sleeping.

History of National Third Shift Workers Day

The creator or inventor of National Third Shift Workers Day was still unknown. The National Third Shift Workers Day is celebrated for the **hard workers** during the **late nights**. On this day you can begin to understand the thoughts of nurses, fire-fighters, supermarket shelf-fillers and there are even more brave people working the graveyard shift. The night workers covering all habitations and save you from harm or make sure that your packages have been delivered on time and your morning croissant is freshly baked.

On May 11th we give a SHOUT OUT to all our hardworking Nightshift Workers!



We hope you all enjoyed your fresh cut flowers to celebration of **May Day!**

Picture of resident, Jean O. holding her beautiful delivery.

COMMUNICATION

During the COVID pandemic a source of communication for us was daily or weekly newsletters due to the frequent changes and quarantine. While many residents have shared their love of these frequent newsletters, it unfortunately is not feasible or realistic for me to be able to come up with content and type those at that frequency now that we are back to activities and visits.

We will be handing out monthly newsletters that will highlight important information as well as upcoming events.

I encourage you to check the café big screen TV daily as it has a wealth of information. If you are unable to see the small print on the sides ask a staff member or a friend for assistance.

A weekly activity calendar can be found in the West Annex, the South Annex Hallway and on the bulletin board in the Main Café.



Memorial Day Picnic- Kick Off To Summer Party Thursday May 27th

Join us in the dinning for a picnic lunch and then head outside for dessert and LIVE entertainment!



NATIONAL SENIOR HEALTH AND FITNESS DAY- MAY 26th

Join us for a celebration of fitness, success and healthy refreshments.

H2 Health will be conducting the morning exercise class at 10:30am. Door prizes will be handed out as well as a fresh hydration juice bar.

2:30pm You can join us for fresh made fruit and veggie smoothies as well as a game of balloon volleyball.

More than 100,000 older adults will participate in local health events across the country. The goals of National Senior Health & Fitness Day are to promote the importance of regular physical activity, and to show what local organizations are doing to improve the health of older adults in their communities.

RANDOM TRIVIA

1. Which is a character in the novel Little Women: Eliza Doolittle or Jo March?
2. Which is a famous actress of the 1940s: Jane Fonda or Gene Tierney?

Get to KNOW a Resident and STAFF MEMBER!

Each month we will spotlight a resident and staff member in our month newsletter!

Staff members will be picked based off of the PRIDE Employee of the Month.

If you would like to be spotlighted in our newsletter, please let an activity staff member know. If we do not have any requests than we will choose randomly.

We look forward to getting to know more about the people who live and work here at Mrs. Bush's.



Residents have been enjoying the weekly craft projects on Wednesdays.

This is Pat showing off her beautiful modge-podge craft project we did in April.