

Your Home Away From Home



Mrs. Bush's Personal Care Homes | 610-381-3713 | www.mrsbushcares.com

BIRTHDAYS

Here's to celebrating YOU!

June 7: Geraldine M.

June 12: Charles F.

June 17: Gerald W.

June 30: Phyllis C.

Happy Birthday to each of you!

Celebrating June

June 3: World Bicycle Day

June 6: D-Day

June 11–17: Flag Week

June 18: Father's Day

June 21: World Music Day

“I wonder what it would be like to live in a world where it was always June.”

– L. M. Montgomery

A Holey History

Each year, 10 billion doughnuts are made in the United States. That's 30 doughnuts (and a few extra pounds) for every single person in America. With 13,000 doughnut shops lining America's streets, it should be easy to find one of your favorites on June 2, National Donut Day.

Doughnuts have been a beloved treat in America since the 17th century. It was the Dutch, settling in New Amsterdam (present-day New York), who first fried dough in oil. These first doughnuts were called olykoeks, or “oily cakes.” Of course, these original olykoeks were more fried dough than doughnut and did not yet have their signature hole in the middle.

We have to fast-forward almost 200 years until Elizabeth Gregory, the mother of a ship captain, created what we might recognize as the first true doughnut. Gregory fried her dough with nutmeg, cinnamon, and lemon rind, ingredients undoubtedly borrowed from her son's cargo hold. She also added hazelnuts and walnuts to the doughy center, the spot that might be undercooked. Gregory thoughtfully called her new recipe a doughnut.

It was her son, Captain Gregory, who made the doughnut round with a hole in its center. Some claim that the hole allowed the doughnut to be placed on the spoke of the ship's wheel, allowing the captain to steer with both hands. In an interview with the Boston Post newspaper, Captain Gregory recollected how he cut the first hole in a doughnut with the top of a round, tin pepper box.

Doughnuts did not become the beloved treat they are today until World War I, when Salvation Army volunteers brought doughnuts to American soldiers in the trenches to lift their spirits and remind them of home. And it wasn't until the first Dunkin' Donuts opened in Quincy, Massachusetts, in 1950 that the spelling changed from doughnut to donut. It was once spelled donut only in America, but we now find donuts (and doughnuts) as far away as Great Britain, Australia, and New Zealand.

SIGN UPS

Sign up for the following events in the West Annex Community Room. All costs go on incidental bills, unless indicated. All outings \$5.00 bus fare.

June 1st: Pine's Dinner Theater -

"Route66" - Take a dollop of *Grease*, mix in some *Pump Boys and Dinettes*, and you've got the high-octane fun of *Route 66!* Beginning with the sounds of 1950s Chicago and traveling along the 'Main Street of America' to the California coast with the surf music of the 1960s, this exciting musical revue features 34 of the greatest 'Rock 'n' Road' hits of the 20th century. Get your kicks with this smash coast-to-coast hit musical revue! **Depart at 11am. \$35 for show, \$15-25 for meal** (plus tip)

June 15th: Diner's Club Outing- *Detzi's*

Tavern- Burgers, sandwiches, soups, diner meals, pies, etc... **Depart 11am** Cost is determined by what you order, tax, and tip.

June 16th: Watch Me Grow- *Daycare Visit*

to The Growing Place- Interact with children, read, play games, help in the classroom. **Depart 10am**, No Charge

June 20th: Veteran Lunch at Legion

June 21st: Summer Ice Cream Tour-

"Jane's" - \$6 and up

Our 2nd stop on our *Summer Ice Cream Tour*. Join us for a nice bus ride and your choice of delicious ice cream treat.

June 27th: Picnic in the Parks- *Weissport*

Canal-Join us on a trip to the park for a picnic lunch including a hoagie, salad, chips and cookies. Enjoy the outdoors. - \$10

June 26th: Dollar Tree Outing-

Must be able to shop independently in store and have own money to purchase items. - \$5 bus fee only

ART AND CRAFT CORNER



Pictures of our crafts are on display on the café screen.

June 6th at 1:30pm: Butterfly suncatcher

June 13th at 1:30pm: Canvas Painting- "3D Butterflies"

June 29th at 1:30pm: Patriotic Star Wreath
Purls of Wisdom- Yarn Club All those who knit or crochet are invited to join the group every Tuesday and Saturday at 9:30am in the West Annex dinette. The group makes items for charity, currently making lap blankets. We have everything you need!

THIS MONTH'S ENTERTAINMENT

June 2nd at 2pm: *NEW* Entertainment w/ Cap'n Jack

June 9th at 2pm: Entertainment with Volunteer Bob H.

June 23rd at 2pm: Entertainment w/ Hal Brister

June 30th at 2pm: *NEW* Entertainment Accordion Music by The Deluca's

All entertainment is held in the courtyard, weather permitting.

BOOK CLUB- *The Hiding Place*

The Hiding Place is an autobiographical memoir by Corrie ten Boom, a devoutly religious woman who lived in the Holland city of Haarlem during the Nazi occupation. Compelled by her unshakeable Christian morality, she defied tyranny to rescue her Jewish neighbors who faced annihilation during the Holocaust. She was ultimately caught and sent to the notorious Ravensbruck death camp, where she witnessed scenes of unimaginable cruelty. In the camp, it was Corrie's bedrock faith in the glory of God that sustained her. She discovered that love was a far more powerful force than hate—for God's love was truly unconquerable.

EVERY MONDAY AT 3:15PM

Father's Day up in Flames



Father's Day is on June 18, and that likely means that dads will be getting plenty of ties as gifts. The first Father's Day in America was proposed by Sonora Louise Smart Dodd in 1909, who wanted to honor her father, a Civil War veteran and

widowed single dad. On the first Father's Day, Dodd suggested that all fathers be honored with a rose—red for those still living, and white worn for those who had passed. In France, dads receive quite a different gift: a Flaminaire lighter. Flaminaire commercialized the first lighters in 1908, but it wasn't until the 1950s, when consumerism began to peak, that the Flaminaire company embarked on an ad campaign linking their lighters to a French Father's Day. It has been traditional to offer dad a lighter ever since.

FAMILY FUN DAY-JUNE 10TH

All family and friends are invited to join us for Family Fun Day on June 10th from 11am-3pm.

Enjoy a **picnic lunch** on us!

Hot dogs on the grill, salad, chips and ice cream bars!

ENTERTAINMENT by Rob Ballonoff

GAMES

Family and Friends RSVP by 6/5.

Fun June Fact: "The Contrasting Day Lengths of June: Longest Day in the North, Shortest in the South" Depending on where you are, June has both the longest and shortest days of the year. June 21st marks the longest day of the year in the northern hemisphere and the shortest day of the year in the southern hemisphere.

RELIGIOUS SERVICES

Protestant Services: We continue to look for churches to come in and provide services, if you have a connection with a local church that may be interested in providing a service, please see Carrie. **PLEASE NOTE CHANGES FOR JUNE ONLY.**

JUNE 14TH 2:30pm- St. Matthew's UCC

JUNE 21ST 2:30pm- Middlecreek Christian Church

Catholic Services:

Every Sunday at 9:30am: Communion

Every Wednesday at 1:30pm: Rosary (in private dining room)

June 22nd and July 20th at 10am: Mass

Bible Study:

1st and 3rd Wednesday at 10:30am: led by Pete and Jean DeSanto

2nd Wednesday at 10:30am: led by Loida

Hymn Sing:

JUNE 28TH at 10:30am- Join us for songs and fellowship.

Essential, **P**henomenal, **I**nspiring,
Courageous

Sara Schleicher joined the Mrs. Bush's team in 2021. She started out as a PCA on evenings and is currently a med tech on our night shift. She has a passion for behavioral health. Before working here she worked at Fed-ex driving a tugger and also worked in the mental health field. When she's not working she enjoys 4wheeling. She loves lilies and her favorite food is tacos.

Congratulations to Sara S on being this month's EPIC employee!!

CHANGES IN DR. CARE

We are writing this letter to inform you that we were notified by St. Luke's Nephrology that Dr. Cheryl Lipson and Dr. Nicholas Varvarelis will no longer be providing Primary Care Services here at Mrs. Bush's as of June 30th. However, Dr. Varvarelis will continue his services for our Nephrology patients, so anyone that has a Chronic Kidney Disease diagnosis will see him for that diagnosis. He plans to come to the facility every two to three months to see these residents.

As unfortunate as this may sound, we are happy to announce that we have found a new practitioner to provide services to our residents. Her name is Stacey Connell and she is excited to be a part of the Mrs. Bush's team. She is a Nurse Practitioner and will be performing weekly visits for us here at the facility. She will be taking over services as of July 1st. Below you will find Stacey's biography that she wrote to introduce herself.

Stacey also wants to invite everyone to a meet and greet at Mrs. Bush's on **Tuesday June 13th at 6pm** in the Activity Room to answer any questions you may have. We know changing Practitioners can be a stressful time, however we plan to make this transition as smooth as possible. If you have any questions or concerns, please feel free to reach out to Missy.

My name is Stacey Connell. I have been a Family Nurse Practitioner since 2005 and received my MSN-FNP from Misericordia University. My previous nursing experience was gained at Palmerton Hospital beginning as a graduate nurse after completing my RN diploma from St. Luke's School of Nursing. While working full-time I gained my BSN from Cedar Crest College.

For the first 14 years of practice as a Nurse Practitioner I was employed by Carbon Medical Associates caring for patients ranging in age from 5-100+. I also specialized in Nephrology caring for those individuals' requiring dialysis. Currently I am employed by Rosenfeld Van Wirt, PC, and have just celebrated my 4-year mark with the group. RFVW is a private practice specializing in Geriatrics, specifically those individuals residing in skilled nursing facilities, Assisted Living and Personal Care homes. We provide in-house service with a personal touch. Currently, I manage a multitude of health conditions within this population, including but not limited to: Diabetes, Hypertension, Hyperlipidemia, Anemia, Anxiety and Depression, Dementia with and without behaviors, Insomnia, Failure to Thrive, Chronic Pain, Osteoporosis, Osteoarthritis, Irritable Bowel, Kidney Disease.

I am the mother to 3 wonderful children, and have been married to my husband for 21 years. We reside in Palmerton, where I am a member of the School Board. I am also active within the Concourse Club and teach CPR. I am also completing my Doctorate of Nursing Practice degree through Misericordia University and will graduate in 2024.

Mrs. Bush's Country Store News

****Beef Stick Snacks are now available to support the Boy Scouts. \$1.50****

****AVON CALLING! AVON is available for purchase in the store or grab a catalog to place an order.**

****GREETING CARD SALE- All cards 10 for \$2.00****

The store is now the supplier for tissues, soaps, cough drops, etc... The nursing dept will no longer have these items. All items in store may be purchased with cash or it may be placed on your incidental bill.

STORE HOURS: 9am-4pm Monday-Saturday and every other Sunday (5/7 & 5/21) We appreciate your kindness when activity programming is going on, as the store may need to close for a brief period.

Don't forget to check the café TV for daily announcements on activities and upcoming events.