

# Your Home Away From Home

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## BIRTHDAYS

*Here's to celebrating YOU!*

**Mar. 5<sup>th</sup>: Audrey R.**

**Mar. 8<sup>th</sup>: Janet B.**

**Mar. 11<sup>th</sup>: Frank S.**

**Mar. 18<sup>th</sup>: Ray H.**

**Mar. 22<sup>nd</sup>: Jean W.**

**Mar. 23<sup>rd</sup>: Rose P.**

**Mar. 24<sup>th</sup>: Brian M.**

**Mar. 26<sup>th</sup>: Florence S.**

**Mar. 29<sup>th</sup>: Loida B**

**Mar. 30<sup>th</sup>: Fern S.**

*Happy Birthday to each of you!*

## CELEBRATING MARCH

**Women's History Month**

**Dr. Seuss Day March 2**

**St. Patrick's Day March 17**

**American Crossword**

**Puzzles Week**

*March 31–April 2*

## A Doll's Debut

Ruth Handler watched her daughter ignore baby dolls in favor of playing with paper dolls of adult women. Handler realized that some young girls did not want to play mother to babies, but rather they wanted to use their imaginations to envision their futures as adults through play. Handler's solution was to introduce a new doll to the market. On March 9, 1959, Barbie made her debut at the American Toy Fair in New York City, and her popularity has endured for nearly 65 years.



Handler based her design, a slim 11-inch-tall woman with wavy blonde hair and a full feminine figure, on a German doll named Lilli. Lilli was first introduced not as a doll for German girls, but as a bold and quick-witted woman in a newspaper comic strip geared toward

men. Lilli's popularity grew so much that she became a toy for children.

Handler discovered Lilli on a visit to Germany. She brought the doll home, made a few changes, and named her Barbie after her own daughter Barbara. Handler, founder of the Mattel toy company, utilized a sponsorship deal she had signed with *The Mickey Mouse Club* to advertise the doll on television to children. By 1961, Barbie had grown so popular that Mattel gave her a boyfriend—Ken, named after Handler's son—and a best friend named Midge. In 1964, they gave Barbie a sister named Skipper. Kids across the world wanted the dolls and to dress them in fashionable clothes, hats, shoes, etc. Other popular accessories include Barbie's Dream House and Dream Kitchen.

As popular as Barbie has been, though, she has always generated plenty of controversy. During the 1950s, she was viewed as challenging women's traditional roles. Throughout the 1960s, Barbie was a nurse, astronaut, and executive. Then again, her unrealistic figure (a holdover from the Lilli age) has been criticized as perpetuating negative body images for young girls. Regardless, Barbie has weathered these storms, bringing in one billion dollars for Mattel each year.

# SIGN UPS

Sign up for the following events in the West Annex Community Room. All costs go on incidental bills, unless indicated.

**Mar. 8<sup>th</sup>:** *Travelogue Luncheon*- "A Taste of Dublin City, Ireland" - \$12  
Irish Slaw Dip, Shepherd's Pie, Irish Soda Bread, Irish Cream Bundt Cake and Irish Coffee

**Mar. 9<sup>th</sup>:** Diner's Club Outing- *Red Lobster*- Seafood, pasta dishes, salad and soups. Cost is determined by what you order, tax, tip and bus fare.

**Mar. 16<sup>th</sup>:** Movie Club Outing- "*Champions*" The film is centered around a stubborn and hotheaded. minor league basketball coach who is sentenced to community service and forced to coach a Special Olympics team. The cast is led by Academy Award® nominated and Emmy Award winner Woody Harrelson  
\$11 plus snacks and bus fare

**Mar. 23<sup>rd</sup>:** Lunch and Movie Enjoy lunch and a movie here at Mrs. Bush's. *This month's theme Westerns*- Menu includes: A Chili Bar, Cornbread, Warm Apple Crisp w/ Vanilla ice cream. Movie: "*Big Jake*" John Wayne stars as Jacob McCandles, a rough-and-tumble rancher who's estranged from his wife (Maureen O'Hara). But when a cutthroat gang led by Richard Boone kidnaps his grandson, Big Jake gets the call to rescue him. Patrick Wayne (John Wayne's real-life son) and Chris Mitchum (Robert Mitchum's son) co-star as Jake's grown boys, who accompany him on the long trek that can end only one way -- with the death of the abductors.  
\$10

**Feb. 27<sup>th</sup>:** Dollar Tree Outing- Must be able to shop independently in store and have own money to purchase items.  
- \$5 bus fee

## ART AND CRAFT CORNER

**Mar. 2<sup>nd</sup> 2PM:** Canvas Paint & Sip- St. Patrick's Day Owl

**Mar. 7<sup>th</sup> 2PM:** St. Patrick Rainbow

**Mar. 14<sup>th</sup> 2PM:** Shamrock Wooden Wreath

**Purls of Wisdom- Yarn Club** All those who knit or crochet are invited to join the group every Tuesday and Saturday at 9:30am in the West Annex dinette. The group makes items for charity, currently making lap blankets. We have everything you need!

## THIS MONTH'S ENTERTAINMENT

**Mar 10<sup>th</sup> at 2pm:** Join us for a Sock Hop as we jump back into the 50s and 60s with lively entertainer, Kris Phipany and Ice Cream Sodas.

**Mar 25<sup>th</sup> at 2pm:** Enjoy some polkas and accordion playing by Volunteer Maxine

**Mar 31<sup>st</sup> at 2pm:** Live Entertainment- Entertainer TBA

**2<sup>nd</sup> ANNUAL BINGO MARATHON**  
Mar. 28, 2023  
Bingo 9am-4pm!

Play all day or play for just an hour. Different themes and special guest bingo callers every 30 minutes. Play over lunch and enjoy pizza (must sign up to have pizza to play over lunch.) Refreshments and Door Prizes!



## St. Patrick's Day Social

March 17<sup>th</sup> at 2pm

Join us for refreshments, games, and fun.

Don't forget to wear your GREEN!

## Could earwax be causing my hearing loss?- Monroe Hearing Aid Center

Can earwax cause hearing loss? A lot of things can cause hearing loss. Noise exposure. Aging. Certain medicines. And yes, too much earwax. But earwax alone is rarely the only cause of one's hearing loss. In fact, very few people who are seen by hearing healthcare professionals have hearing loss that is literally due to cerumen impaction (the clinical way of saying "excessive earwax").

### Total earwax blockage is rare

Soundwaves only need a tiny opening in the ear canal to reach the eardrum. Thus, even a lot of earwax shouldn't cause noticeable hearing loss.

If, however, the ear canal is plugged tightly with earwax, and cerumen impaction is severe enough to cause hearing loss, there will most likely be other signs and symptoms noticed before the hearing loss — such as dizziness, ear fullness (the feeling of plugged ears), itchiness or pain or ringing in the ears. Rarely does total cerumen impaction happen. And if it does, rarely does it occur without additional signs that "something is wrong".

### Why total earwax blockage is rare

A big reason why cerumen impaction doesn't happen very often is because our ears mostly clean themselves, and — if left alone — will prevent earwax from accumulating to the point of total blockage.

Still, as with most things, never say never. Certainly, there are things that can cause earwax blockage — such as incorrect use of cotton swabs, advanced age, narrow or abnormally shaped ear canals, or using ill-advised methods to clean the ears. Typically, it is something that affects the normal outward flow of earwax.

### Have a hearing professional remove excessive earwax

In the event you notice one of the signs that "something is wrong" or you just have reason to believe you have too much wax in your ears, a visit to a medical professional is recommended. Most hearing professionals can perform cerumen removal in their office. Many doctors, too, can remove excessive earwax. (Please do not stick anything in your ears to clean them yourself!)

**We will be offering an Ear Lavage clinic here at Mrs. Bush's on March 23<sup>rd</sup> and 24<sup>th</sup>. This clinic will allow professionals to remove excess ear wax. This clinic is covered under your insurance and is \$0 cost out of pocket. If you are interested in getting this done, please see Missy.**

## RELIGIOUS SERVICES

**Protestant Services:** We continue to look for churches to come in and provide services, if you have a connection with a local church that may be interested in providing a service, please see Carrie.

**1<sup>st</sup> Wednesday of each month at 2:30pm-** St. Matthew's UCC

**3<sup>rd</sup> Wednesday of each month at 2:30pm-** Middlecreek Christian Church

**5<sup>th</sup> Wednesday of the month at 2:30pm-** Jerusalem UCC

### Catholic Services:

**Every Sunday at 9:30am:** Communion

**Every Wednesday at 1:30pm:** Rosary (in private dining room)

**February 23<sup>rd</sup> at 10am:** Mass

**March 23<sup>rd</sup> at 10am:** Mass

### Bible Study:

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday at 10:30am:** led by Pete and Jean DeSanto

**2<sup>nd</sup> Wednesday at 10:30am:** led by Loida

## Essential, Phenomenal, Inspiring, Courageous

Doris Wheeler started working at Mrs. Bush's PCH in the 90's. She left here to become a CNA and worked in 2 different Skilled Nursing Homes for 20 years. After that she retired and returned to Mrs. Bush's PCH in 2017 as a part time CNA. She is a hard worker and a valuable team member.

Doris has 2 sons and 3 grandsons. When she's not at work Doris enjoys reading and watching TV. She also enjoys shopping with her sister.

***Congratulations Doris on being this month's EPIC employee!!***

## A Riveting History

During World War II, six million women joined the American workforce to support the war effort and fill the roles of men who had shipped off to fight. In honor of these women, March 21 has been designated Rosie the Riveter Day, in homage to the denim-clad everywoman who graced the posters and propaganda of the era.

The story of Rosie the Riveter is multi-faceted. It begins with a song entitled "Rose the Riveter" written by Red Evans and John Jacob Loeb in 1942. In the tune, Rosie is an assembly-line worker. While the character of Rosie is likely based on a real person, the true identity of Rosie is in dispute. There are several candidates: Rosina Bonavita, who worked on Convair aircrafts; Rosalind Walter, who built F4U Corsair fighter planes; Adeline Rose O'Malley, who was a riveter for Boeing; and Rose Will Monroe, who built B-24 bombers. Monroe later gained fame for her role as Rosie the Riveter in a short film promoting the war effort.

The most popular image of Rosie the Riveter during wartime came from Normal Rockwell. On his cover of the *Saturday Evening Post* from May 29, 1943, a buff woman wears blue overalls and goggles with a riveter in her lap. She eats a sandwich and steps on a copy of Hitler's *Mein Kampf*. The name *Rosie* is inscribed on her lunch pail, linking her with the popular song.



The most famous depiction of Rosie the Riveter was never called Rosie. J. Howard Miller's illustration of a jumpsuit-clad, polka-dot bandana-wearing, bicep-flexing woman exclaiming "We Can Do It!" was used to improve worker morale at Westinghouse Electric. The poster likely hung on factory walls for a couple of weeks in February of 1943 before being lost to history. It was only rediscovered in 1982. Miller's illustration has since come to embody Rosie the Riveter as an American cultural icon. Today, Rosie is not a figure of war propaganda but has new life as a symbol of feminine strength.

## Mrs. Bush's Country Store News

**\*\*LAST CALL for Girl Scout Cookies.** \$5 a box support local Girl Scout Troop 301. \*\*

\*\*Beef Stick Snacks are now available to support the Boy Scouts. \$1.50\*\*

The store is now the supplier for tissues, soaps, cough drops, etc...The nursing dept will no longer have these items.

All items in store may be purchased with cash or it may be placed on your incidental bill.

**STORE HOURS: 9am-4pm Monday-Saturday and every other Sunday (3/12 & 3/26)** We appreciate your kindness when activity programming is going on in, as the store may need to close for a brief period.



**All wheelchairs and walkers must be removed from the dining room for all meals for the safety of residents and staff.**

Check out our new Café lounge. Feel free to help yourself to a cup of coffee, read a book, play some cards, relax and enjoy!

**RAINBOW POT OF GOLD** from now til March 17<sup>th</sup>- You will need to collect 7 coins (1 red, 1 orange, 1 yellow, 1 green, 1 blue, 1 light blue, 1 purple) to complete your rainbow set. Each day after noon the pot will be moved to a new location with only 4 coins. If all 4 coins are collected, you will need to wait to the next day to redeem a coin. Coin colors will be placed out on multiple occasions. For example, 4 red coins may be placed in the pot on Tuesday and then again on perhaps Saturday, but you will have to find the pot to see if you need that color coin. Once you have all 7 coins, one in each color, save them to bring with you to the St. Patrick's Day party on March 17<sup>th</sup> at 2pm for your chance to win!