

Your Home Away From Home



Mrs. Bush's Personal Care Homes | 610-381-3713 | www.mrsbushcares.com

BIRTHDAYS

Here's to celebrating YOU!

May 5: Irene G.

May 7: Marian M.

May 18: Jane S.

May 19: Helen B.

May 25: Catherine H.

May 29: Margaret F.

Happy Birthday to each of you!

Celebrating May Older Americans Month

May Day	<i>May 1</i>
Cinco de Mayo	<i>May 5</i>
Mother's Day	<i>May 14</i>
Memorial Day	<i>May 29</i>

Hold Your Horses

Heritage breeds are livestock breeds that were raised in an era before the industrialization of agriculture. These are the chickens, pigs, cattle, sheep, and horses that were selected and bred to thrive on small family farms. Over centuries, these breeds have developed genetic attributes that make them special: resistance to disease and parasites, the ability to forage, longevity, and reliable reproduction. May 15–21, Heritage Breeds Week, is a time to ensure that these rare breeds survive before they are lost forever.

Just as animals in the wild are threatened by habitat loss, heritage breeds are threatened by modern agricultural practices that no longer value the genetic diversity of such animals. Many heritage breeds face extinction. And just as biodiversity in the wild ensures the health of an ecosystem, biodiversity in agriculture ensures the health of that entire industry.

Since 2017, the Endangered Equine Alliance has worked tirelessly to secure the diversity of heritage horse breeds. Sometimes the most threatened horse breeds are also the most famous. Clydesdales, the big, friendly horses best known for pulling the Budweiser wagon, number less than 5,000 worldwide. These gentle giants are beloved for their beauty and versatility; they are calm and hard-working, equally suited to ride, pull a wagon, or haul timber.

Another critically threatened breed that enjoys a degree of fame is the Banker horse, the feral breed that inhabits the Outer Banks of North Carolina. These non-native horses are valued for their unique history as descendants of Spanish horses brought to America in the 16th century. Perhaps the most endangered horse breed is the American Cream Draft horse; only 400 exist worldwide. Luckily, many of these horses are actively being saved today through conservation programs. The next time you visit a farm, you might just be visiting the home of some of the rarest heritage breeds known to agriculture.

SIGN UPS

Sign up for the following events in the West Annex Community Room. All costs go on incidental bills, unless indicated. All outings \$5.00 bus fare.

May 4th: Movie Outing - "Big George Foreman"- The Miraculous Story of the Once and Future Heavyweight Champion of the World is an upcoming American biographical sports drama film directed by George Tillman Jr. The film focuses on the life of world heavyweight boxing champion George Foreman, played by Khris Davis. **Early lunch at 11am, depart at Noon. \$13** (plus snack cost)

May 10th: Summer Ice Cream Tour- "Hilltop Ice cream"- \$6 and up
Our first stop on our *Summer Ice Cream Tour*. Join us for a nice bus ride and your choice of delicious ice cream treat.

May 16th: Lunch & A Movie- "Grease" - \$10
Take a step back to 1958... Good girl Sandy Olsson and greaser Danny Zuko fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance? Lunch Menu: Cheeseburgers, Fries and Milkshakes

May 18th: Diner's Club Outing- Blue Mountain Drive In- Burgers, sandwiches, soups, diner meals, pies, etc... Cost is determined by what you order, tax, and tip.

May 23rd: Picnic in the Parks- Beltzville State Park-Join us on a trip to the park for a picnic lunch including a hoagie, salad, chips and cookies. Enjoy the outdoors. - \$10

May 30th: Dollar Tree Outing- Must be able to shop independently in store and have own money to purchase items. - \$5 bus fee only

ART AND CRAFT CORNER

Pictures of our crafts are on display on the café screen.

May 2nd at 1:30pm: Canvas Paint & Sip- Hydrangeas

May 11th at 1:30pm: "God Shed His Grace On Me" Block décor

Purls of Wisdom- Yarn Club All those who knit or crochet are invited to join the group every Tuesday and Saturday at 9:30am in the West Annex dinette. The group makes items for charity, currently making lap blankets. We have everything you need!



Bookmarks for Students...we are almost done!

We are almost to our goal for making bookmarks for the students at Pleasant Valley Elementary School. If you would like to color some bookmarks to give to the students, see an activity staff member or stop by the West Annex Community Room.

THIS MONTH'S ENTERTAINMENT

May 5th at 2pm: Entertainment by the Man in Black, Chuck Rissmiller

May 26th at 1:30pm: Entertainment and Kick off to Summer Party

May 27th at 2pm: Accordion Music by Volunteer Maxine

May 31st at 2pm: Entertainment during our 40th Anniversary Ceremony

All entertainment is held in the courtyard, weather permitting.

Celebrating 40 Years Of Memories.

In It for the Long Haul



The second Saturday in May is celebrated as World Migratory Bird Day. When you get to know some of the world's more impressive migratory birds, you'll understand why

this is a worldwide celebration. Consider the Arctic tern, a small bird that flies from pole to pole each year, logging 30,000 miles. To survive this epic journey, terns

must find many places to stop along the way throughout Europe, North and South America, and Africa, making it crucial for countries all around the world to provide habitat for these long haulers. With these remarkable birds living up to 30 years, the total life journey of a tern is equivalent to flying round trip three times to the moon and back. That is an accomplishment worth celebrating.

"Take me out to the ball game..."

Join us on June 4th as we take a trip to the Coca Cola Park to see the Lehigh Valley Iron Pigs take on the Scranton/WB Rail Riders.

Family and friends are invited too!

Order your ticket by May 4th...see Carrie.



Mother's Day

Tea for all ladies will be held on Friday May 12th at 2pm. Join us for a lovely afternoon of celebrating moms.



RELIGIOUS SERVICES

Protestant Services: We continue to look for churches to come in and provide services, if you have a connection with a local church that may be interested in providing a service, please see Carrie. **PLEASE NOTE CHANGES FOR MAY ONLY.**

May 3rd 2:30pm- Middlecreek Christian Church
May 10th 2:30pm- St. Matthew's UCC
May 24th 2:30pm- Jerusalem UCC

Catholic Services:

Every Sunday at 9:30am: Communion
Every Wednesday at 1:30pm: Rosary (in private dining room)
April 20th and May 18th at 10am: Mass

Bible Study:

1st and 3rd Wednesday at 10:30am: led by Pete and Jean DeSanto
2nd Wednesday at 10:30am: led by Loida

Hymn Sing:

May 24th at 10:30am- Join us for songs and fellowship.

Essential, Phenomenal, Inspiring, Courageous

Andy Fritz joined the Mrs. Bush's team a year ago and we are so glad she did! Andy works the early evening shift assisting residents as a personal care aide. Andy is furthering her education at Northampton Community College. Andy has a twin sister whom she loves dearly. And her grandmother is a resident of Mrs. Bush's! She also loves to draw and make people smile and laugh. 😊

Congratulations Andy on being this month's EPIC employee!!

Mother's Peace Day



Anna Jarvis is often credited with founding the first Mother's Day, in 1908, but it was poet and abolitionist Julia Ward Howe who made the first Mother's Day Proclamation for Peace, in 1870. Howe was already well

known for authoring "The Battle Hymn of the Republic," and her fame lent greater weight to her advocacy for peace. As a nurse during the American Civil War, Howe had seen firsthand the ravages of war. When she saw the specter of war rising yet again at the onset of the Franco-Prussian War, she spoke out for an international Mother's Day where mothers from all over the world would give counsel on how to achieve peace. She wrote: "Arise, then, women of this day! Arise all women who have hearts, whether our baptism be that of water or of tears!" Indeed, Anna Jarvis' mother had worked with Julia Ward Howe, a relationship that inspired Jarvis' Mother's Day.

May 31st 2pm

Join us in the courtyard
to celebrate our
40th anniversary.

****Music****

****Champagne Toast and Cupcakes****

****Guest Speakers****

And
More!



**Don't forget to check the café TV
for daily announcements on
activities and upcoming events.**

Mrs. Bush's Country Store News

****Beef Stick Snacks are now available to support the Boy Scouts. \$1.50****

****AVON CALLING! AVON is available for purchase in the store or grab a catalog to place an order.**

****GREETING CARD SALE- All cards 10 for \$2.00****

****New Crafts by Angelic Inspirations! ****

****We are fully stocked Full of Love Body Care items. Locally made with natural ingredients. ****

The store is now the supplier for tissues, soaps, cough drops, etc...The nursing dept will no longer have these items. All items in store may be purchased with cash or it may be placed on your incidental bill.

STORE HOURS: 9am-4pm Monday-Saturday and every other Sunday (5/7 & 5/21) We appreciate your kindness when activity programming is going on, as the store may need to close for a brief period.

History Series

May 19th 2pm

**"1600 Pennsylvania Ave"
presented by Liz Cohen**



This program is an interesting, informative, and somewhat humorous look at the people's house. The story of the White House from it's conception by George Washington, to its many occupants, renovations, pets and unusual happenings.

Memorial Day Picnic

Wear Red, White and Blue

May 26th

**BBQ lunch and dessert, music
and games outside!**